

Accommodating Muslim Students During Ramadan

PRACTICAL TIPS FOR EDUCATORS



By Aya Khalil
Illustrated by Huda Fahmy

IF THEY DO FAST, PROVIDE A SAFE SPACE FOR THEM TO BE DURING LUNCH.



Happy Ramadan!

ACKNOWLEDGE THE MONTH OF RAMADAN IS COMING UP.

(TIP: MAKE SURE THE STUDENT(S) IN YOUR CLASS ARE ACTUALLY MUSLIM. DO NOT ASSUME THEY ARE B/C THEY'RE ARAB OR BROWN.)



LIBRARY



OFFICE



IF STUDENTS ARE YOUNG, REACH OUT TO PARENTS TO WISH THEM A HAPPY RAMADAN & SEE IF THEIR KIDS ARE PLANNING TO FAST.



CLASSROOM



HALLWAY



GYM CLASS WILL BE CHALLENGING. DON'T REQUIRE THEM TO RUN THE MILE IF THEY'RE FASTING.



DON'T

SAY THINGS LIKE

"WOW! THAT'S A LOT!"

"THAT MUST BE HARD."

DO

SAY THINGS LIKE

"I'M SURE YOU'RE EXCITED TO CELEBRATE RAMADAN!"

"WHAT ARE YOU EATING FOR IFTAR?"

LOW IMPACT PHYSICAL ACTIVITY IS GOOD.



KEEP IN MIND THAT OUTDOOR GYM IS EVEN MORE CHALLENGING. IT'S HOT. (REMEMBER: NOT EVEN WATER)



STANDARDIZED TESTING AND TESTING IN GENERAL CAN BE CHALLENGING DURING RAMADAN.



TALK TO THE STUDENT AND SEE WHAT THEY'RE COMFORTABLE WITH.

YOU CAN TALK TO ME NOW, OR SPEAK TO ME IN PRIVATE.

WE'LL WORK SOMETHING OUT TOGETHER.



TRY TO ACCOMMODATE IF POSSIBLE. MAKE IT EARLY DURING THE DAY WHEN THEY'RE MORE ALERT/LESS LETHARGIC.



FOR VARIOUS REASONS, SOME MUSLIM STUDENTS WON'T FAST.

MISS! LOOK! SHE'S BEEN FAKIN THIS WHOLE TIME!



PLEASE BE UNDERSTANDING AND COMPASSIONATE. MANY MUSLIMS PERFORM NIGHTLY PRAYERS (TARAWEEH) & MAY BE SLEEPING LATER THAN USUAL.



DON'T ASK WHY.



THANK YOU TO ALL EDUCATORS WHO CONTINUE TO MAKE THEIR CLASSROOMS AN INCLUSIVE AND SAFE SPACE.



IT COULD BE DUE TO

HEALTH ISSUES



PERIOD/PREGNANCY



DISABILITY



HAPPY RAMADAN!



Written by Aya Khalil | Illustrated by Huda Fahmy

Author: Aya Khalil

Illustrator: Huda Fahmy