

RAMADAN GUIDE

A GLOSSARY OF TERMS

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Term

Definition

Fasting

Abstaining from food or drink for a designated period of time

Suhoor

The pre-dawn meal taken before the fasting starts each day

Iftar

Meaning 'break the fast,' iftar is the meal taken after sunset when the day's fasting is over

Salat/Namaz

Prayer that Muslims are obliged to perform five times a day (The five prayers are fajr, dhuh, asr, maghrib, and isha)

Taraweeh

A special congregational prayer held each night during Ramadan after the last daily prayer

Laylat Al Qadr

Known as "the night of power," it is one of the odd numbered nights during the final 10 days of Ramadan when the first verses of the Quran were revealed

Zakat

A donation paid toward the end of Ramadan to help those in need. It is the Third Pillar of Islam

Eid al-Fitr

The festival of the breaking of the fast that occurs at the end of Ramadan

Ramadan Kareem

A greeting meaning "Wishing you a happy/generous Ramadan"

Eid Mubarak

A greeting meaning "Happy Eid!"